The Life You *Choose*

THE MADE REAL BLUEPRINT / PHASE 1

I want to wake with the light in a small house with land, *and work three mornings a week at the bookkeeping I am good at.*

I want two hours outside every day and people close enough to eat with. I want to stop being afraid of January.

Anna · 1 May 2027

01 Picture
20 October 2026

02 Explore
14 March 2027

03 Decide
1 May 2027

WHAT I AM CHOOSING NOW

A rented house with land in the Serra do Açor. Not yet.

Nothing I cannot undo until the lights are green: the two client agreements and the dates with Lotte before I give notice, the flat let and the internet tested before I sign, and the €8,000 reserve untouched.

1 year
to test an ordinary life

2
conditions still open

7 May
first action

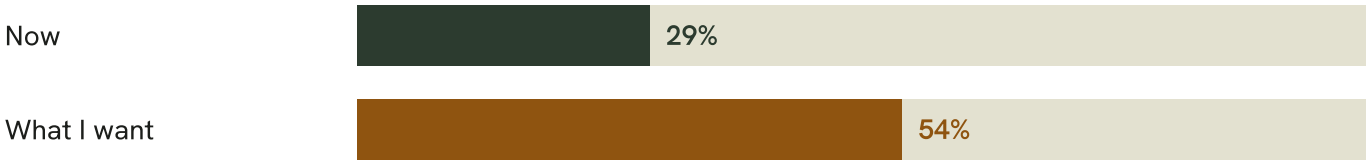
My own answers across the three steps of Phase 1, gathered on one document. It shows what I think today, with the open work visible. The Blueprint is self-study. It is not coaching, therapy, or legal, tax, immigration, financial, medical or psychological advice, and it cannot promise any result.

WHAT I AM CHOOSING

Keep the life in the plan

Freedom, Nature, Peace of mind, Health, Family, Simplicity, Independence. The move is only worth it if ordinary days make more room for these.

TIME I DECIDE FOR MYSELF



32 of my 112 waking hours a week are mine to choose today. The second figure is what I am aiming at.

WHAT I NEED / WHAT THE RESEARCH FOUND

Outside space of my own	Yes	Known
Fast, reliable internet	Yes	Unknown
A doctor within 30 minutes	Yes	Known
Reachable from the Netherlands in a day	Yes	Known
Neighbours, not isolation	Partly	Estimate

WHAT I PROTECT / WHAT I ACCEPT

My three clients. My sister. My morning hour. Being able to say exactly what I think.

The car. The storage unit. Half my clothes. The idea that leaving means I failed at staying.

I will know it worked if I am outside two hours a day, if January 2029 does not frighten me, and if someone in the village knows how I take my coffee.

03 / MONEY

What my budget allows

Monthly costs €2,360

Income I can count on €1,650

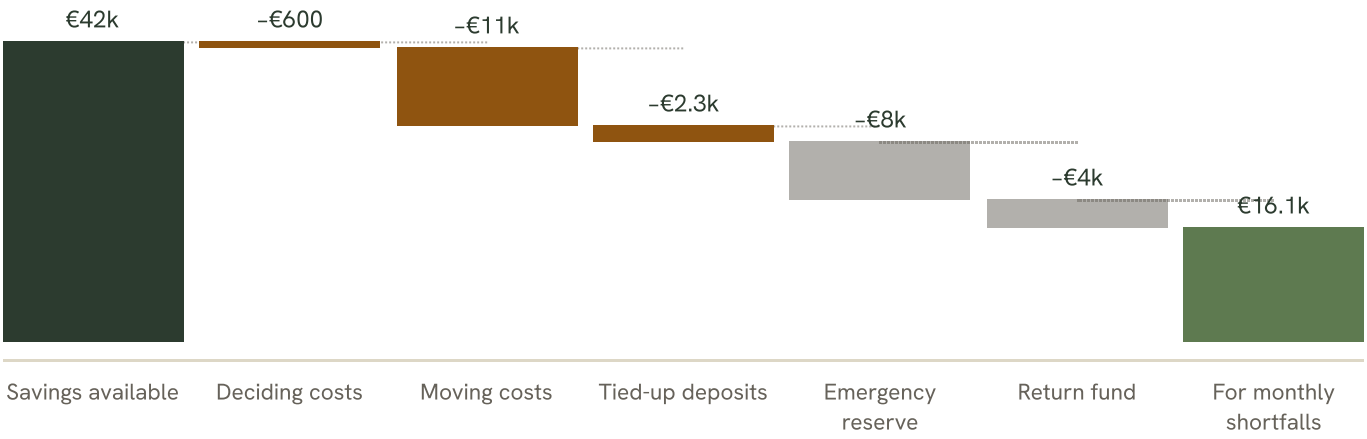
€710

short each month

On the income I can count on today.

Step 1 guessed €2,245 a month. Step 2 found €2,360, 5% more.

HOW €42,000 BECOMES €16,100 TO LIVE ON



22

months at €710 short

18

months I want

If monthly costs rise by 30%, they become €3,068. With income of €1,650, the monthly shortfall is €1,418. The €16,100 available for shortfalls would last about 11 months.

This calculation uses the €16,100 left after the deciding costs, moving costs, tied-up deposits, emergency reserve and return fund have been set aside. It does not use the full €42,000 in savings. Nothing here is advice; these are my own figures. This check uses the numbers you enter. It shows what your numbers say; it does not predict what will happen. Prices, taxes and rules change. Before you commit money, for example by selling a home or signing a contract, ask a qualified professional.

MY NEXT CHAPTER

Prepare, check, then commit

Money	Papers	People	Place	Plan B
Amber	Green	Amber	Green	Green
Two new clients in writing, or €200 off the costs	Residency route checked with my lawyer	The dates I come back each year, agreed with Lotte	The April visit confirmed the house and the village	Lotte's spare room if I come back before the flat is free

These colours record my own assessment on this date; they are not an independent verification. Any amber or red checks still need attention before I commit.

OPEN CONDITIONS

- **Money** — 31 May 2027
  Two new clients in writing, or €200 off the costs
- **People** — 31 May 2027
  The dates I come back each year, agreed with Lotte

MY FIRST ACTION

Move the bookkeeping fully online, so the address stops mattering, before 7 May 2027.

If neither new client has signed by 31 May 2027, with costs at €2,360, I postpone by six months rather than start on a shrinking runway.

MY WAY BACK

€4,000 kept apart: the van home and a first month somewhere. Lotte's spare room is where I would land.

I look at this decision again on 1 April 2028, after the first winter. Dealbreakers I carry forward: Somewhere I cannot work because the internet drops. Being more than a day's travel from my sister. A place where I would be the only person for a kilometre.